

Pathway for Exercise Science (A.S.) to B.S. Sport & Fitness Leadership

TBR Community College
A.S. Exercise Science Requirements

Johnson University
B.S. Sport & Fitness Leadership Transfer Credits

Communication	3	Communication	3
ENGL 1010: English Composition I	3	ENGL 1013: English Composition I	3
ENGL 1020: English Composition II	3	ENGL 1014: English Composition II	3
COMM 2025: Fundamentals of Communication or any approved speech/communication general education course	3	COMM 1013: Introduction to Speech	3
Humanities & Fine Arts (minimum 1 course in literature)		Humanities and/or Fine Arts (at least one course in literature)	
Any approved humanities or fine arts general education course	3	PHIL 2013: Philosophical Ethics	3
Any approved humanities or fine arts general education course	3	HUMN 1603: Service Learning and Change	3
Any approved Literature general education course	3	"A" Competency Course	3
Social/Behavioral Sciences		Social/Behavioral Sciences	
Health and Wellness general education course	3	HLSC 1013: Health Science	3
PSYC 1030: Introduction to Psychology	3	FAMS 2203: Human Development	3
History		History	
Any approved History general education course	3	History Competency Course	3
Any approved History general education course	3	HIST 2123 History of Christianity	3
Natural Sciences		Natural Sciences	
BIOL 2010: Human Anatomy & Physiology I	4	BIOL 2204: Anatomy & Body Systems with Lab	4
BIOL 2020: Human Anatomy & Physiology II	4	General Elective	4
Mathematics		Mathematics	
Any approved Math general education course	3	Mathematics competency course	3
Area of Emphasis Requirements		Area of Emphasis Requirements	
Introduction to Exercise Science	3	SFIT 3023: Essentials of Strength Training & Conditioning	3
First Aid & Safety	3	General Electives	3
Prevention & Care of Athletic Injuries	3	General Electives	3
Nutrition	3	General Electives	3
Physical Education Activity course	1-4	Health & Fitness Electives (1-3) + General Electives (0-1)	1-4
Electives	3-6	General Electives	3-6
A.S. Degree Total	60	Total Transfer Credits	60

Johnson University Coursework			
Bible & Theology	CR	Specialty Area	CR
BIBL 1103: Orientation to Old Testament	3	SFIT 2013: Kinesiology	3
BIBL 1203: Orientation to New Testament	3	SFIT 2023: Sport & Exercise Psychology	3
BIBL XXXX: Old Testament Study or Exegesis course	3	SFIT 3013: Sports Ministry Models	3
BIBL XXXX: New Testament Study or Exegesis course	3	SFIT 4013: Legal, Ethical, and Professional Standards for Sports Professionals	3
BIBL 4103 Acts and the Mission of God	3	SFIT 3031: Internship Orientation	1
THEO 1303: Orientation to Theology	3	SFIT 4033: Sport & Fitness Internship	3
THEO 2303: Biblical Interpretation	3	Pedagogy Electives	3
THEO XXXX: Theological Study course	3	CONCENTRATION: Fitness Science; Sport Administration; Sport & Fitness Ministry; or Sport & Fitness Outreach	12-15
Total:	24	Total:	31-34
Arts & Sciences Core	CR	General Electives	CR
HUMN 4200: Senior Capstone Seminar	3	General Electives	0-3
Intercultural Literacy Competency Course (unless taken in English Major)	3		
FYSC 1013: Success, Calling, and Purpose (waived)	0		
PSYC 1100: Interpersonal & Family Relationships (waived)	0		
Total:	6	Total:	0-3
Total Credits Taken at Johnson:			64
Total Cumulative Credits:			124