

pandemic P R O M I S E

*Being part of the uncommon Johnson University community means that each of us will **ACT IN LOVE** toward one another by **CARING** for one another, **PROTECTING** one another, and taking care that our own actions **DO NOT HARM** others.*

TOGETHER *with others in this community, I promise to act responsibly with respect to my own health, the protection of the health of others, and the prevention of the spread of COVID-19 as directed by the University.*

I PROMISE TO

Act responsibly with respect to my own health:

- **Monitor for the symptoms of flu-like illness that could signal COVID-19 and immediately report to Student Life when I experience any of the following:**
 - Fever of 100.4 F (38 C) or higher, dry cough, or difficulty breathing
 - Chills, repeated shaking with chills, or muscle pain
 - Headache, sore throat, or loss of taste or smell
- **Wash my hands often with soap & water (or hand sanitizer if soap/water are unavailable)**
- **Get vaccinated for the flu in the fall**

Why?

Flu-like symptoms trigger a COVID response, including moving a student to isolation housing pending the outcome of a COVID-19 test. The results of a COVID test may take several days to obtain, so a student could remain in isolation housing for several days before learning that a test result was negative. Our isolation housing is limited in capacity. One of our indicators for stopping face-to-face classes is filling isolation housing to near-capacity, so it is therefore in everyone's best interest to do everything possible to limit the number of "false alarms" that the flu will generate.

Protect the health of others:

- **Maintain appropriate social distancing**
- **Stay home if I feel ill, have any of the symptoms listed above, or have been exposed to someone who is ill or has tested positive for COVID-19**
- **Wear an appropriate face mask as directed by the University**
- **Be positive and helpful to others around me who need support**

Prevent the spread of COVID-19:

- **Keep my clothing, personal items, personal spaces, and community spaces clean**
- **Cooperate with testing and contact tracing**
- **Carefully follow University requirements to self-isolate or quarantine**